

TRIO

LUNCH

STARTERS

MEDITERRANEAN FETA DIP BAKED PESTO & TOMATO FLATBREAD, KALAMATA OLIVES \$12

TRIO DEVEILED EGGS ONE EACH BBQ GRIPPPOS, PROSCIUTTO, ONION JAM \$6

GROUPER SLIDERS THREE CRISPY SLIDERS, SHREDDED LETTUCE, GRIBICHE \$15

SHRIMP BRUSCHETTA FLORIDA SHRIMP, TOMATO BASIL RELISH, MOZZARELLA, PARMESAN, AGED BALSAMIC DRIZZLE ON SIXTEEN BRICKS BREAD \$14

CRABCAKES PICKLED APPLE & HERB SALAD, REMOULADE \$14

SHRIMP COCKTAIL* COCKTAIL SAUCE, LEMON \$15

CURRIED CAULIFLOWER BEIGNETS CURRY LIME AIOLI, CANDIED BACON, PICKLED APPLE \$9

AHI TUNA GINGER & SOY MARINATED AHI, ASIAN SLAW, WONTONS, WASABI-HONEY MUSTARD \$14

TEMPURA CALAMARI PEPPADEW PEPPERS, TOMATO BASIL SAUCE, REMOULADE \$15

TRIO SLIDERS BLACKHAWK FARMS GRIND, SAUTEED PEPPERS AND ONIONS, CHEESE \$10

MEATBALLS TWO PORK & VEAL MEATBALLS, TOMATO BASIL SAUCE, RICOTTA, PESTO, GRILLED PESTO BREAD \$12

SOUP AND SALAD

CUP \$5 / BOWL \$6

FRENCH ONION
(BOWL ONLY)

CHICKEN NOODLE

VEGETABLE*

GAZPACHO

DU JOUR

CHOPPED HOUSE SHREDDED GREENS
ROMA TOMATO, RED ONION, CROUTONS
SWEET ITALIAN VINAIGRETTE \$6

WEDGE* ICEBERG, CRUMBLLED BLEU CHEESE, BACON
GRAPE TOMATO, BLEU CHEESE DRESSING \$8

CAPRESE* BEEFSTEAK TOMATO, FRESH MOZZARELLA, OLIVE OIL, BALSAMIC REDUCTION, FRESH BASIL \$10

KENWOOD* BIBB & SPINACH, GOAT CHEESE
CRANBERRIES, PINE NUTS, ROMA TOMATO
HONEY POPPYSEED DRESSING \$8

CAESAR ROMAINE HEARTS, CROUTONS
SHAVED PARMESAN \$6

ENTRÉE SALADS

NAPLES* BIBB & SPINACH, LUMP CRAB, FLORIDA
SHRIMP, AVOCADO, EGG, GRAPE TOMATO, RED ONION
SWEET ITALIAN VINAIGRETTE \$17

CHICKEN CAESAR GRILLED CHICKEN, ROMAINE
HEARTS, CROUTONS, SHAVED PARMESAN \$15

COBB GRILLED CHICKEN, TOMATO, AVOCADO, EGG
BACON, CROUTON, CHEDDAR JACK, RANCH \$12/\$15

SCOTTISH SALMON* FIELD GREENS, ROMA
TOMATO, CUCUMBER, POTATO STRAWS, CAPERS, FETA
CITRUS VINAIGRETTE \$17

HERB CRUSTED GOAT CHEESE ROASTED RED
AND GOLDEN BEETS, BABY ARUGULA, TARRAGON CRISPS
TARRAGON VINAIGRETTE \$14

SANTA FE* GRILLED CHICKEN, FIELD GREENS, BLACK
BEAN SALSA, TORTILLA STRIPS, CITRUS VINAIGRETTE \$14

FRIED CHICKEN MIXED GREENS, PECANS, FETA
BLUEBERRIES, LEMON-HONEY MUSTARD VINAIGRETTE \$14

THE TRIO* BIBB & SPINACH, GRILLED CHICKEN, PINE
NUTS, DRIED CRANBERRY, ROMA TOMATO, GOAT CHEESE
HONEY POPPYSEED DRESSING \$14

NICOISE* ALBACORE TUNA, FIELD GREENS, TOMATO, HARICOT VERTS, EGG, KALAMATA OLIVE
REDSKIN POTATO, BALSAMIC VINAIGRETTE \$14 - SUB SEARED AHI TUNA +\$7

CONSUMING SHELLFISH, RAW & UNDERCOOKED MEATS OR SEAFOOD MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS. ALERT YOUR SERVER OF ANY FOOD ALLERGIES UPON ARRIVAL.

20% SERVICE CHARGE ADDED TO PARTIES OF 7 OR MORE

WIFI: TRIO GUEST PASSWORD: triobistro

* INDICATES GLUTEN FREE OPTIONS

PIZZA | FLATBREAD

TRADITIONAL TOMATO SAUCE & PROVOLONE
FLATBREAD \$9 PIZZA \$11 ADDITIONAL TOPPINGS \$1 EACH

MARGHERITA ROASTED ROMA TOMATO, PESTO
PROVOLONE, BASIL FLATBREAD \$11 PIZZA \$13

MEXICAN BLACKENED CHICKEN, JALAPENO, BLACK
BEAN & TOMATO SALSA, CHEDDAR JACK, SOUR CREAM
AVOCADO, CILANTRO FLATBREAD \$12 PIZZA \$14

MEDITERRANEAN SPINACH, ROMA TOMATO, RED ONION, KALAMATA OLIVES,
ROASTED RED PEPPER, FONTINA, FETA CHEESE FLATBREAD \$11 PIZZA \$13

BBQ CHICKEN SMOKED GOUDA, PROVOLONE
RED ONION, CILANTRO FLATBREAD \$12 PIZZA \$14

THAI CHICKEN, PEANUT SAUCE, CHIVE, BEAN SPROUTS
CARROT, PROVOLONE FLATBREAD \$12 PIZZA \$14

SMOKED SALMON CHIVE CREAM CHEESE
PROVOLONE, SMOKED GOUDA, RED ONION, CAPERS
ARUGULA FLATBREAD \$13 PIZZA \$15

SANDWICHES

CHOICE OF FRENCH FRIES, SWEET POTATO FRIES, COLESLAW, SARATOGA CHIPS OR FRUIT – (TRUFFLE FRIES +\$2)

SMOKED TURKEY LETTUCE, TOMATO, HAVARTI
CHEESE, CRANBERRY-DIJON AIOLI, WHEAT TOAST FROM
SIXTEEN BRICKS \$12

TRIO CLUB SMOKED TURKEY, HAM, BACON, SWISS,
AMERICAN CHEESE, LETTUCE, TOMATO, MAYONNAISE,
SOURDOUGH TOAST FROM SIXTEEN BRICKS \$12

MEATLOAF LETTUCE, TOMATO, SOURDOUGH TOAST
FROM SIXTEEN BRICKS \$12

CHICKEN SALAD LETTUCE, TOMATO, SOURDOUGH
TOAST FROM SIXTEEN BRICKS \$12

FLORIDA GROUPER BLACKENED, GRILLED OR
FRIED, LETTUCE, TOMATO, ONION, PESTO AIOLI,
CHALLAH BUN \$19

TRIO BURGER BLACKHAWK FARMS GRIND, LETTUCE,
TOMATO, ONION, CHALLAH BUN, CHOICE OF ONE
TOPPING \$13

REUBEN CORNED BEEF, SAUERKRAUT, SWISS,
THOUSAND ISLAND DRESSING, SALTED RYE FROM
SIXTEEN BRICKS \$13

SMOKED SALMON GRILLED FLATBREAD, CREAM
CHEESE AND CAPER SPREAD, EGG, ARUGULA, SHAVED
RED ONION, TOMATO \$15

TUNA SALAD LETTUCE, TOMATO, SIXTEEN BRICKS
WHEAT TOAST \$12

ATLANTIC COD LIGHTLY BATTERED, LETTUCE,
TOMATO, ONION, GRIBICHE, CHALLAH BUN \$13

HALF SANDWICH & SOUP CHOICE OF TURKEY,
MEATLOAF, CLUB, TUNA OR CHICKEN SALAD, CHOICE OF
SOUP AND SIDE \$12

GOAT CHEESE BURGER BLACKHAWK FARMS
GRIND, ARUGULA, CARAMELIZED ONION, GOAT CHEESE,
CHALLAH BUN \$15

ENTRÉES

FILET MIGNON* 8 OUNCES, CRISPY DUCK FAT FINGERLING POTATOES, ASPARAGUS, RED ONION,
MUSHROOM DEMI-GLACE, SHAVED PARMESAN \$39

SCOTTISH SALMON ROASTED CAULIFLOWER, ORZO, RED ONION, SPINACH, GOLDEN RAISINS,
BLACKBERRY-BALSAMIC VINAIGRETTE \$19

LEMON CHICKEN MUSHROOM, TOMATO, GARLIC MASHED POTATOES, LEMON CAPER BEURRE BLANC \$19

TRIO MEATLOAF GARLIC MASHED POTATOES, CARAMELIZED BRUSSELS SPROUTS,
CARROTS, MUSHROOM DEMI GLACE \$19

BLACKENED FLORIDA GROUPER CILANTRO LIME COUS COUS, SAUTEED SPINACH, GRAPE TOMATO,
SMOKED PINEAPPLE RELISH \$24

NEW ENGLAND DIVER SCALLOPS* SAUTÉ OF GREEN VEGETABLES, CRISPY PROSCIUTTO, DILL BUTTER \$19

TRUFFLED POTATO RAVIOLI BABY SPINACH, GRAPE TOMATO, RED ONION,
CHORIZO BUTTER SAUCE, PARMESAN \$16 - (VEGETARIAN \$14)

ITALIAN MEATBALLS TWO PORK & VEAL MEATBALLS, LINGUINI, TOMATO BASIL SAUCE,
PECORINO, GRILLED PESTO BREAD \$14

SHRIMP CARBONARA LINGUINI, APPLEWOOD SMOKED BACON, SPINACH, GRAPE TOMATO \$25

GARLIC MASHED POTATOES \$4
TRUFFLE FRIES \$6
FRENCH FRIES \$4
SWEET POTATO FRIES \$6

SAUTÉED MUSHROOMS \$6
SAUTÉED SPINACH \$5
HARICOT VERTS \$6

ROASTED ASPARAGUS \$6
CARAMELIZED BRUSSELS SPROUTS \$6
SAUTÉED BROCCOLI \$5
WHITE CHEDDAR MAC & CHEESE \$6

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