

# TRIO

## LUNCH

### STARTERS

**MEDITERRANEAN FETA DIP** BAKED PESTO & TOMATO FLATBREAD, KALAMATA OLIVES \$12

**TRIO DEVEILED EGGS** ONE EACH BBQ GRIPPPOS, PROSCIUTTO, ONION JAM \$6

**GROUPER SLIDERS** THREE CRISPY SLIDERS, SHREDDED LETTUCE, GRIBICHE \$15

**SHRIMP BRUSCHETTA** FLORIDA SHRIMP, TOMATO BASIL RELISH, MOZZARELLA, PARMESAN, AGED BALSAMIC DRIZZLE ON SIXTEEN BRICKS BREAD \$14

**CRABCAKES** PICKLED APPLE & HERB SALAD, REMOULADE \$14

**SHRIMP COCKTAIL\*** COCKTAIL SAUCE, LEMON \$15

**CURRIED CAULIFLOWER BEIGNETS** CURRY LIME AIOLI, CANDIED BACON, PICKLED APPLE \$9

**AHI TUNA** GINGER & SOY MARINATED AHI, ASIAN SLAW, WONTONS, WASABI-HONEY MUSTARD \$14

**TEMPURA CALAMARI** PEPPADEW PEPPERS, TOMATO BASIL SAUCE, REMOULADE \$15

**MEATBALLS** TWO PORK & VEAL MEATBALLS, TOMATO BASIL SAUCE, RICOTTA, PESTO, GRILLED PESTO BREAD \$12

### SOUP AND SALAD

CUP \$5 / BOWL \$6

**FRENCH ONION**    **CHICKEN NOODLE**    **VEGETABLE\***    **DU JOUR**  
(BOWL ONLY)

**CHOPPED HOUSE** SHREDDED GREENS, ROMA TOMATO, RED ONION, CROUTONS, SWEET ITALIAN VINAIGRETTE \$6

**WEDGE\*** ICEBERG, CRUMBLLED BLEU CHEESE, BACON, GRAPE TOMATO, BLEU CHEESE DRESSING \$8

**KENWOOD\*** BIBB & SPINACH, GOAT CHEESE, CRANBERRIES, PINE NUTS, ROMA TOMATO, HONEY POPPYSEED DRESSING \$8

**CAESAR** ROMAINE HEARTS, CROUTONS, SHAVED PARMESAN \$6

### ENTRÉE SALADS

**NAPLES\*** BIBB & SPINACH, LUMP CRAB, FLORIDA SHRIMP, AVOCADO, EGG, GRAPE TOMATO, RED ONION, SWEET ITALIAN VINAIGRETTE \$17

**CHICKEN CAESAR** GRILLED CHICKEN, ROMAINE HEARTS, CROUTONS, SHAVED PARMESAN \$15

**COBB** GRILLED CHICKEN, TOMATO, AVOCADO, EGG, BACON, CROUTON, CHEDDAR JACK, RANCH \$12/\$15

**SCOTTISH SALMON\*** FIELD GREENS, ROMA TOMATO, CUCUMBER, POTATO STRAWS, CAPERS, FETA, CITRUS VINAIGRETTE \$17

**HERB CRUSTED GOAT CHEESE** ROASTED BEETS, BABY ARUGULA, TARRAGON CRISPS, TARRAGON VINAIGRETTE \$14

**SANTA FE\*** GRILLED CHICKEN, FIELD GREENS, BLACK BEAN SALSA, TORTILLA STRIPS, CITRUS VINAIGRETTE \$14

**FRIED CHICKEN** MIXED GREENS, PECANS, FETA, BLUEBERRIES, LEMON-HONEY MUSTARD VINAIGRETTE \$14

**THE TRIO\*** BIBB & SPINACH, GRILLED CHICKEN, PINE NUTS, DRIED CRANBERRY, ROMA TOMATO, GOAT CHEESE, HONEY POPPYSEED DRESSING \$14

**NICOISE\*** ALBACORE TUNA, FIELD GREENS, TOMATO, HARICOT VERTS, EGG, KALAMATA OLIVE, REDSKIN POTATO, BALSAMIC VINAIGRETTE \$14 - SUB SEARED AHI TUNA +\$7

CONSUMING SHELLFISH, RAW & UNDERCOOKED MEATS OR SEAFOOD MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS. ALERT YOUR SERVER OF ANY FOOD ALLERGIES UPON ARRIVAL.

20% SERVICE CHARGE ADDED TO PARTIES OF 7 OR MORE

WIFI: TRIO GUEST    PASSWORD: triobistro

\* INDICATES GLUTEN FREE OPTIONS

## PIZZA | FLATBREAD

**TRADITIONAL** TOMATO SAUCE & PROVOLONE  
FLATBREAD \$9 PIZZA \$11 ADDITIONAL TOPPINGS \$1 EACH

**MARGHERITA** ROASTED ROMA TOMATO, PESTO,  
PROVOLONE, BASIL FLATBREAD \$11 PIZZA \$13

**MEXICAN** BLACKENED CHICKEN, JALAPENO, BLACK  
BEAN & TOMATO SALSA, CHEDDAR JACK, SOUR CREAM,  
AVOCADO, CILANTRO FLATBREAD \$12 PIZZA \$14

**MEDITERRANEAN** SPINACH, ROMA TOMATO, RED ONION, KALAMATA OLIVES,  
ROASTED RED PEPPER, FONTINA, FETA CHEESE FLATBREAD \$11 PIZZA \$13

**BBQ CHICKEN** SMOKED GOUDA, PROVOLONE, RED  
ONION, CILANTRO FLATBREAD \$12 PIZZA \$14

**THAI** CHICKEN, PEANUT SAUCE, CHIVE, BEAN SPROUTS,  
CARROT, PROVOLONE FLATBREAD \$12 PIZZA \$14

**SMOKED SALMON** CHIVE CREAM CHEESE,  
PROVOLONE, SMOKED GOUDA, RED ONION, CAPERS,  
ARUGULA FLATBREAD \$13 PIZZA \$15

## SANDWICHES

CHOICE OF FRENCH FRIES, SWEET POTATO FRIES, COLESLAW, SARATOGA CHIPS OR FRUIT – (TRUFFLE FRIES +\$2)

**SMOKED TURKEY** LETTUCE, TOMATO, HAVARTI  
CHEESE, CRANBERRY-DIJON AIOLI, WHEAT TOAST FROM  
SIXTEEN BRICKS \$12

**TRIO CLUB** SMOKED TURKEY, HAM, BACON, SWISS,  
AMERICAN CHEESE, LETTUCE, TOMATO, MAYONNAISE,  
SOURDOUGH TOAST FROM SIXTEEN BRICKS \$12

**MEATLOAF** LETTUCE, TOMATO, SOURDOUGH TOAST  
FROM SIXTEEN BRICKS \$12

**CHICKEN SALAD** LETTUCE, TOMATO, SOURDOUGH  
TOAST FROM SIXTEEN BRICKS \$12

**FLORIDA GROUPE** BLACKENED, GRILLED OR  
FRIED, LETTUCE, TOMATO, ONION, PESTO AIOLI,  
CHALLAH BUN \$19

**TRIO BURGER** BLACKHAWK FARMS GRIND, LETTUCE,  
TOMATO, ONION, CHALLAH BUN, CHOICE OF ONE  
TOPPING \$13

**REUBEN** CORNED BEEF, SAUERKRAUT, SWISS,  
THOUSAND ISLAND DRESSING, SALTED RYE FROM  
SIXTEEN BRICKS \$13

**SMOKED SALMON** GRILLED FLATBREAD, CREAM  
CHEESE AND CAPER SPREAD, EGG, ARUGULA, SHAVED  
RED ONION, TOMATO \$15

**TUNA SALAD** LETTUCE, TOMATO, SIXTEEN BRICKS  
WHEAT TOAST \$12

**ATLANTIC COD** LIGHTLY BATTERED, LETTUCE,  
TOMATO, ONION, GRIBICHE, CHALLAH BUN \$13

**HALF SANDWICH & SOUP** CHOICE OF TURKEY,  
MEATLOAF, CLUB, TUNA OR CHICKEN SALAD, CHOICE OF  
SOUP AND SIDE \$12

**GOAT CHEESE BURGER** BLACKHAWK FARMS  
GRIND, ARUGULA, CARAMELIZED ONION, GOAT CHEESE,  
CHALLAH BUN \$15

## ENTRÉES

**FILET MIGNON\*** 8 OUNCES, CRISPY DUCK FAT FINGERLING POTATOES, ASPARAGUS, RED ONION,  
MUSHROOM DEMI-GLACE, SHAVED PARMESAN \$39

**SCOTTISH SALMON** ROASTED CAULIFLOWER, ORZO, RED ONION, SPINACH, GOLDEN RAISINS,  
BLACKBERRY-BALSAMIC VINAIGRETTE \$19

**LEMON CHICKEN** MUSHROOM, TOMATO, GARLIC MASHED POTATOES, LEMON CAPER BEURRE BLANC \$19

**TRIO MEATLOAF** GARLIC MASHED POTATOES, CARAMELIZED BRUSSELS SPROUTS,  
CARROTS, MUSHROOM DEMI GLACE \$19

**BLACKENED FLORIDA GROUPE** CILANTRO LIME COUS COUS, SAUTEED SPINACH, GRAPE TOMATO,  
SMOKED PINEAPPLE RELISH \$24

**NEW ENGLAND DIVER SCALLOPS\*** SAUTÉ OF GREEN VEGETABLES, CRISPY PROSCIUTTO, DILL BUTTER \$19

**TRUFFLED POTATO RAVIOLI** BABY SPINACH, GRAPE TOMATO, RED ONION,  
CHORIZO BUTTER SAUCE, PARMESAN \$16 - (VEGETARIAN \$14)

**ITALIAN MEATBALLS** TWO PORK & VEAL MEATBALLS, LINGUINI, TOMATO BASIL SAUCE,  
PECORINO, GRILLED PESTO BREAD \$14

**SHRIMP CARBONARA** LINGUINI, APPLEWOOD SMOKED BACON, SPINACH, GRAPE TOMATO \$25

GARLIC MASHED POTATOES \$4

TRUFFLE FRIES \$6

FRENCH FRIES \$4

SWEET POTATO FRIES \$6

SAUTÉED MUSHROOMS \$6

SAUTÉED SPINACH \$5

WHITE CHEDDAR MAC & CHEESE \$6

ROASTED ASPARAGUS \$6

CARAMELIZED BRUSSELS SPROUTS \$6

SAUTÉED BROCCOLI \$5

HARICOT VERTS \$6

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